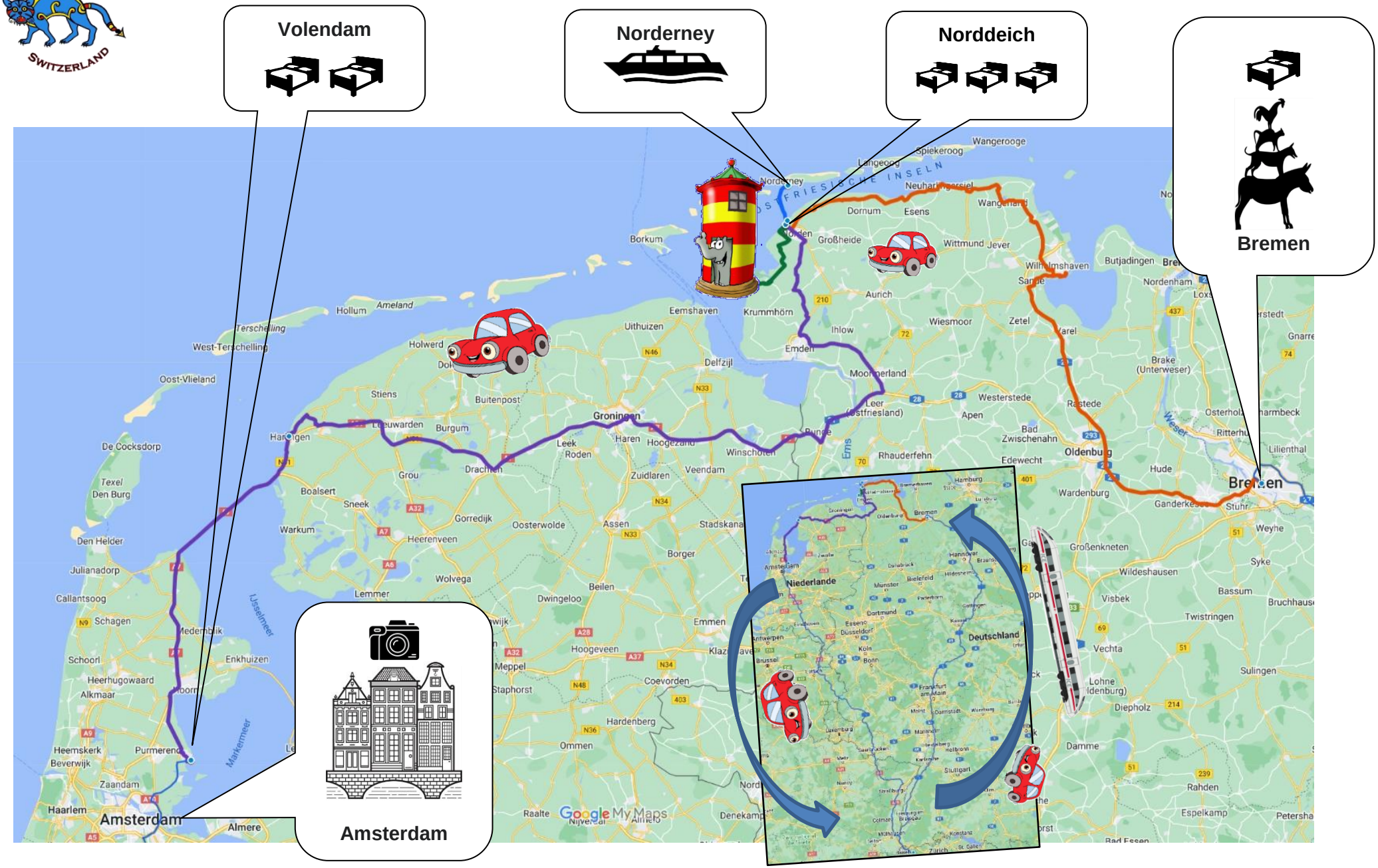2023 Ostfriesland - Niederlande